

USDA National Nutrient Database for Standard Reference Release 28

Statistics Report 03051, Babyfood, dinner, spaghetti and tomato and meat, toddler

Report Date: October 24, 2015 16:51 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	81.60	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Energy	kcal	75	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Energy	kJ	314	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2014
Protein	g	5.30	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Total lipid (fat)	g	1.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Ash	g	1.30	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Carbohydrate, by difference	g	10.80	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Minerals													
Calcium, Ca	mg	22	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Iron, Fe	mg	0.90	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Magnesium, Mg	mg	15	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Phosphorus, P	mg	45	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Potassium, K	mg	163	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Sodium, Na	mg	239	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2010
Zinc, Zn	mg	0.48	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Copper, Cu	mg	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Selenium, Se	µg	8.4	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	4.1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Thiamin	mg	0.062	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Riboflavin	mg	0.101	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Niacin	mg	1.558	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Vitamin B-6	mg	0.083	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Folate, total	µg	32	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Folic acid	µg	26	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2000
Folate, food	µg	6	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2014
Folate, DFE	µg	50	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2001
Vitamin B-12	µg	0.23	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin A, RAE	µg	22	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2002
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Vitamin A, IU	IU	443	--	116.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Amino Acids													
Tryptophan	g	0.065	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Threonine	g	0.197	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Isoleucine	g	0.268	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Leucine	g	0.413	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Lysine	g	0.313	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Methionine	g	0.104	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Cystine	g	0.066	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Phenylalanine	g	0.241	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Tyrosine	g	0.184	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Valine	g	0.286	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Arginine	g	0.284	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Histidine	g	0.141	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Alanine	g	0.269	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Aspartic acid	g	0.470	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Glutamic acid	g	1.297	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Glycine	g	0.254	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Proline	g	0.442	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Serine	g	0.202	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978